

Born and raised in Federal Way, Washington, Sara Griffin began playing golf at age eight at Twin Lakes Golf & Country Club. A standout junior, she earned four varsity letters competing on the boys' high school golf team before continuing her playing career at Oregon State University as a member of the Beavers women's golf team.

Following graduation, Sara transitioned seamlessly into coaching, beginning as an assistant coach at Oregon State University. Just two years later, she was named Head Women's Golf Coach at the University of San Francisco. From 1997 to 2005, Sara built the program into a nationally respected powerhouse, developing a Top-25 ranked team, capturing a West Coast Conference Championship, and leading the Dons to eight consecutive NCAA Regional appearances.

In 2005, Sara returned to the Pacific Northwest to join Tacoma Country & Golf Club, where she continued her lifelong commitment to growing the game at the grassroots level. She earned her Class A PGA Membership in 2009 and has since dedicated her career to developing players of all ages and abilities—from beginners to elite competitors.

Today, as Owner and Director of Instruction at Griffin Golf Studio, Sara has created a welcoming, high-performance environment where golfers can thrive. She blends cutting-edge technology, including Foresight Sports simulators, with a personalized, heart-centered coaching philosophy rooted in connection, confidence, and long-term development. Renowned for her leadership in youth golf, Sara's coaching goes far beyond skill-building—she is passionate about fostering confidence, character, and a lifelong love for the game.

Highly respected as both a coach and mentor, Sara Griffin, PGA, is known for her unwavering dedication to her students' growth, success, and enjoyment of golf.

Additional Achievements & Credentials

- PNWPGA Section Youth Player Development Award Winner (2023, 2019, 2015)
- PGA Junior League Game Changer Award (2022–2025)
- Operation 36 Master Coach (2022–2025)
- Top 50 Operation 36 Coach (2021, 2019)
- Golf Digest Top Teacher in Washington
- PGA.coach & ADM Certified
- WWCPGA Player Development Award Winner (2017)
- WWCPGA Assistant Golf Professional of the Year (2011, 2013)
- Certified U.S. Kids Golf Coach
- PAX Community Educator – Mastery & Certification (2012)
- HeartMath Certified Coach
- Four-Year Letter Winner, Federal Way High School Boys' Golf Team
- Oregon State University Women's Golf Team Alum
- Bachelor of Science in Zoology, Oregon State University