



Lunch Break
HELP FOR TODAY • HOPE FOR TOMORROW

Annual Backpack Drive

June 01 - August 10

Help Students Start School Ready & Well

Today's students are carrying more than books. Many are navigating stress, anxiety, social pressures and the growing challenges of school life. **A new backpack filled with essential supplies can ease financial burdens and build confidence.** When paired with thoughtful wellness resources, it can also remind students that they are cared for, capable, and not alone.



Most Needed Item
New, Sturdy Backpacks

Most Needed Items

School Essentials

- New, sturdy backpacks, especially middle and high school sizes
- Notebooks, folders, binders, loose leaf paper
- Pens, pencils, crayons, markers, highlighters
- Glue sticks, erasers, rulers, calculators

Wellness Support

- Journals and planners
- Stress balls, fidgets or calming tools
- Positive affirmation or encouragement cards
- Coloring books or mindfulness activity books
- Reusable water bottles
- Headphones or earbuds

Everyday Care

- Hand sanitizer
- Tissues
- Deodorant
- Lip balm
- Personal care kits

**In addition to school supplies, backpacks may also include age-appropriate wellness resources, guides, and simple tools designed to help students manage stress, build resilience and feel supported throughout the school year.*

Drop Off New Items

MON - FRI
10 AM - 2:30 PM

SAT
9 AM - 12 PM



Lunch Break Donation Office
121 Drs James Parker Blvd., Red Bank
Please pull around the back of the building



Join us for our Annual Community Picnic & Backpack Giveaway

Saturday, August 15, 2026
9 AM - 2:30 PM
Count Basie Park
11 Henry Street,
Red Bank, NJ 07701

Backpack Giveaway is First Come, First Served
Children must be present

For Drive information, contact:
Shani Love - slove@lunchbreak.org
For Picnic information, contact:
Gina Vastola - gvastola@lunchbreak.org

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